

Proclamation

TO PROCLAIM THE MONTH OF MAY 2021 AS MENTAL HEALTH AWARENESS MONTH IN THE CITY OF FAIRBURN

WHEREAS, Mental health is essential to everyone's overall health and well-being. Millions of adults and children across America experience mental health conditions, including anxiety, depression, schizophrenia, bipolar disorder, and post-traumatic stress disorder; **and**

WHEREAS, Mental health helps to sustain an individual's thought processes, relationships, productivity, and ability to adapt to change or face adversity. Mental Illness adversely affects those abilities and often is life-threatening in nature; **and**

WHEREAS, One in four adults experiences mental health problems in any given year and such problems can contribute to onset of mental illness. Approximately one-half of chronic mental illness begins by the age of 14 and three-quarters by age 24; **and**

WHEREAS, Every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help. Public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness.

THEREFORE, I, Mayor Elizabeth Carr-Hurst of the City of Fairburn along with Mayor Pro Tem Alex Heath and Councilmembers Linda J. Davis, Pat Pallend, Hattie Portis-Jones, Ulysses Smallwood and James Whitmore do hereby proclaim the month of May 2021 as Mental Health Awareness Month in Fairburn, Georgia to increase public understanding of the importance of mental health and to promote identification and treatment of mental illnesses on this 10th day of May 2021.

Signed:



Elizabeth Carr-Hurst
Mayor

